

Community-based Education

- “Say Goodbye to Seasonal Allergies”
- “The Adrenal-thyroid connection”
- “Menopause...what are the options?”
- “Osteoporosis...what are the options?”
- “Alternative approaches for fibromyalgia”
- “If All the Tests Are Normal, Why Don't I Feel Well
- “Breast Health and Thermography for the 21st Century”
- “Up All Night: Insomnia Causes & Cures”
- “Preventing the Demise of Baby Boomers: Natural Solutions to Common Problems”

PROFESSIONAL AND COMMUNITY MEMBERSHIPS (partial list)

- International Women's Forum
- CEO Space
- Entrepreneur's Organization (EO)
- Women President's Organization
- Elite Women Around the World
- The American Association for Health Freedom
(now Alliance for Natural Health, US), Board President
- Middleburg Heights Chamber of Commerce
- Nominated for National Vaccine Advisory Committee (NVAC)

ADVANCED STUDIES IN HOLISTIC MEDICINE (partial list)

- Scripps Integrative Medical
- Paracelsus Klinik, Marion, MA. European Biological Medicine Advanced Training
- Health Comm Nutritional Seminar Series by Jeffrey Bland, PhD
- Nutritional Therapy in Medical Practice
- Wright/Gaby Nutritional meetings

- Acupuncture Training Courses, UCLA (200 hours)
- Neural Therapy, New German Medicine (100 hours)
- Osteopathic Craniosacral Therapy Training (80 hours)
- Advanced Osteopathic Craniosacral Training (20 hours)

U.S. Medical Conference Presentations (partial list)

California Jam (3500 attendees) – 2013, '14, '16, '18	Costa Mesa, CA
Ohio Chiropractic Association	Columbus, OH
Oregon Chiropractic Association (4hr presentation)	Portland, OR
Standard Enzyme Conference, Keynote	Atlanta, GA
Health Freedom Expo	Long Beach, CA
Naturopathic Medical Conference	San Diego, CA
AHMA (American Holistic Medical Association)	Cleveland, OH
Integrative Health Symposium	New York City, NY
National Vaccine Awareness Meeting	Philadelphia, PA
Health Freedom Expo	Chicago, IL
Institute for Functional Medicine	various locations
International Academy of Oral Metal Toxicology (IAOMT)	Las Vegas, NV
Autism One Annual Meeting	Chicago, IL
International College of Integrative Medicine	Cincinnati, OH
Sandusky Area Physician Health Association	Sandusky, OH
42 nd Pennsylvania Natural Living Conference	Pittsburgh, PA
Ohio Physician's Assistants Annual Conference	Akron, OH
United Poultry Concerns	Columbus, OH
National Autism Association Meeting	Myrtle Beach, SC
International Medical Society	Atlanta, GA
Holistic Mom's Network Annual Convention	Newark, NJ
American Holistic Medical Association	Philadelphia, PA
Cuyahoga Community College	Cleveland, OH
Occupational Health Nurse Regional Meeting	Cleveland, OH
JD Breast Cancer Foundation, Keynote Speaker	Cleveland, OH
Southwest General Hospital, CME Foundation meeting	Cleveland, OH
Cleveland Osteopathic Academy Meeting	Cleveland, OH
AAEM (Am Academy of Environmental Medicine)	Hilton Head, SC
American Chiropractic Association, guest speaker	Chicago, IL
Ohio Assoc. of Occupational Health Nurses, featured speaker	Columbus, OH
AAEM (Am Academy of Environmental Medicine), 2003	Kansas City, MO
3-day training-- Sensitivity Removal Technique (SRT)	
<i>Invited to train 50 physicians (MD.DO) on the allergy elimination technique that I developed for OsteoMed II with an 80%+ effective rate.</i>	
Sandusky Area Physician Health Association	Sandusky, OH
North Coast Pulmonary Disease Seminar	Sandusky, OH
The Autism-Immunity Project, featured speaker	Ft. Lauderdale, FL
Mind-Body-Spirit Connected, guest speaker	Cleveland, OH
Autism One, First National Meeting	Chicago, IL
ICIM (International College of Integrative Medicine), 2-hour presentation	
NVIC (National Vaccine Information Center) Scientific Meeting, Washington, DC	
AAEM (Am. Academy of Environmental Medicine) Annual meeting 4-hr presentation	
11 th Annual Neuro-Optimetric Rehabilitation Asso, keynote speaker, Cincinnati, OH	
Wisconsin Chiropractic Association Annual meeting...Speaker for two-full day seminar	
ACAM (Am College for the Advancement of Medicine)	San Diego, CA
BioMeridian International Conference	Salt Lake City, UT

DVD: Vaccines: What Science Documents Reveal, 2002 (2-hr)

Selected Radio Interviews (hundreds more not listed)

- 3AW 693 - Fairfax Radio Network, Australia
- WTAM 1100AM, The Mike Trivasano Show, Cleveland
- Oprah XM Radio with Dr. Oz
- Eye On Your Health, National Canadian Radio
- National Public Radio, London, Ontario
- The Joannie Greggins Show, KAO #1 health show in Northern CA
- The Patrick Timpone Show, KLBK Radio, Austin, TX
 - Debate with head of TX health dept. official regarding vaccination
- Health lines with Hough Danaceau, WCLV (National Public Radio)
- Coast to Coast AM with George Noorey (many)
- The Alex Jones Show, with Alex Jones (many)
- The Healthy Talk Radio with Deborah Ray, Nationally Syndicated (many)
- Robert Scott Bell, Talk Radio, Nationally Syndicated (many)
- National Public Radio with Donna Watt, NC
- The Power Hour with Joyce Riley (American Freedom Network) (many)
- WABS, “Healthy, Wealthy, Wise” Nationally Syndicated, bi-monthly guest

EDUCATIONAL PRESENTATIONS (partial list)

Business Conference Presentations

More than 600 Interview re: COVID-19 during 2020-2023

Worldwide Employee Benefits Network	Cleveland, OH
International Medical Tourism Association	Monterrey, Mexico
19 th International Women’s Health Symposium	Vancouver, Canada
NASA Professional Business Women	Cleveland, OH
International Medical Tourism Association	Los Angeles, CA
National Child Abuse Conference	Las Vegas, NV
First Annual Women’s Congress	Boston, MA
Cleveland Women’s City Club	Cleveland, OH
National Federation of Women Legislators	Phoenix, AZ
Learning Disabilities Asso of CA, State Conference	Los Angeles, CA
National Federation of Women Legislators	Sarasota, FL
Holistic Primary Care, Keynote and Presentation,	Tucson, AZ

International Medical Conference Presentations

La Medicina del Sigo XXI	Bogota, Columbia
2 nd Annual Breast Cancer Awareness Event	Calgary Canada
20 th International Health Symposium	Berlin, Germany
5 th International Tropical Medicine Meeting	Costa Rica
18 th International Symposium,	Corfu, Greece
17 th International Symposium, Tenerife	Canary Islands
International Congress on Autism	Guadalajara, Mexico
International Energy Psychology Conference	Lucerne, Switzerland
International Women’s Forum, (IWF),	Singapore

The Flu Vaccines and the Risk of Cancer Uncensored, quarterly magazine (N.Z)
Unconventional Medicine in a Conventional Setting Medical Tourism Magazine
What's Really Behind the Bird Flu? International Science in Society, (U.K)
Bird Flu: Little to Fear Byron's Child, (Australia)

United States:

How to Avoid Hearing "You Have Breast Cancer" Balanced Living Magazine
Osteoporosis Woman's World Magazine
Osteoporosis Cleveland Magazine
The Flu Shot: What you need to know Balanced Living Magazine
Allergies: Natural Solutions Balanced Living Magazine
Vaccines: Coincidence or Catastrophe Wellness Bound Magazine
Travel Vaccines: What you need to know Mothering Magazine (Nat. Pub)
Vaccines: What you need to know Sully's Living Without (Nat. Pub.)
Vaccine Choices Family Magazine Cleveland/Akron
Pregnancy Today national monthly magazine www.pregnancytoday.com

MEDIA: VISUAL

Television Appearances (many dozens more not listed)

International Networks

- The Leon Fontaine Show, TBN Network, Winnipeg, CA
- The Today Show, Australia

National Networks:

- "EXTRA TV", Life Changers segment, in LA Studios
- "The Dr. Oz Show" Nationally syndicated, NYC
- "The Mike and Juliet Show", FOX Morning Channel, NYC

National Cable:

- "Your Health", with Dr. Richard and Cindy Becker (several)
- "Your Health", with Doug Kaufmann, 126 TV stations (several)

Local network news appearances, Cleveland Ohio (many occasions)

- WJW - Fox 8 News
- NBC - Channel 3 News
- WOIO/CBS – Channel 19 News
- WEWS – Channel 5 News
- The Kathy Dawson Show
- Good Company Morning Show

Documentary participant

- Behold a Pale Horse, with Charlie Daniels, produced by Heartland Productions
- Injected! The Truth about Vaccines, produced by Saddle Ranch Productions
- Making a Killing, produced by Citizens Council for Human Rights
- One Nation, Under Siege, produced by William Lewis
- Beyond Treason, produced by William Lewis

DVD Productions

- DVD: Flu and Flu shots 2010 (2-hr)
- DVD: Vaccine Developers: Heroes or Villains? 2009 (1-hr)
- DVD: Vaccination Basics 2009 (2 hr)
- DVD: Gardasil: What you need to know, 2005 (1-hr)
- DVD: Vaccines: Risks, Benefits, Choices, 2004 (3-hr)

- Sybillion Pharmaceuticals, Scientific Consultant, Boston MA 1/07 to 5/09
- DirectLabs.com, Baton Rouge, LA 10/04 to 11/15
- MediMerge Inc, Boston, MA 10/99 to 5/00

ADVISORY BOARDS

- Reuters Business Insights Panel 3/11 to present
- National Federation of Women Legislators 5/06 to present
- Holistic Mom's Association 6/06 to present
- Medical Tourism Association Miami, FL 10/08 to 10/10
- Alliance for Natural Health-US, Pres. Emeritus 4/08 to present

MEDIA: PRINT

Author

- Book: **Saying No to Vaccines: A Resource Guide for All Ages.** NMA Media Press, 2008
- Book: **FOWL! Bird flu: It's Not What You Think,** NMA Media Press. 2006

Contributing Author

- Vaccine Epidemic: The Ethics, Law, and Science of Vaccination Choice. Skyhorse Publishing, NYC. Chapter: "A Doctor's View: The Medical Case Against Vaccines". 2010
- Textbook of Food and Nutrients in Disease Management. Chapter: "Hypothyroidism: Optimizing Function with Nutrition." Johns Hopkins University Press. 2008.
- A Healthier You. Chapter: "If All the Tests Are Normal, Why Don't I Feel Well?" Insight Publishing, 2007.

Consultant to Authors

- YOU: Raising Your Child: The Owner's Manual from First Breath to First Grade [Hardcover], Michael F. Roizen and Mehmet C. Oz. Chapter on vaccination. Free Press; 1st edition. October 5, 2010.
- YOU: Having a Baby: The Owner's Manual to a Happy and Healthy Pregnancy [Hardcover], Michael F. Roizen and Mehmet C. Oz. Chapter on vaccination. Free Press; 1st edition. December 1, 2009.

Professional Publication

- J. American Association of Osteopathy. "Successful Treatment Severe Left Hip Pain using Neural Therapy." Vol5, No2, 32-34.1995

Internet Journalist

- Substack – Eye on the Evidence – DrTenpenny.substack.com
- Substack – Walk with God -- TenpennyWalkWithGod.substack.com
- Regular columnist
 - NaturalNews.com
 - Wisconsin Christian News
- Contributing Author: www.I-SIS.org.uk, Institute for Science in Society

Selected Print Articles: (many dozens more not listed)

International:

- A Heretic's View of Influenza [Bakterier; venner eller fiender], [Ildsjelen](#), (Norway)*
- Vaccination Dogma [Vaksinedogmet], [Vijon](#), (Norway)*
- Vaccines: A Bullet to the Head [Namaste](#), (U.K.)*

Institute for Functional Medicine (IFM), speaker

HONORS

Lifetime Achievement Award for Vaccine Rights	12/15
Sacred Fire of Liberty Award for Integrative Medicine and Vaccine Rights	09/14
Knighted, Order of Saint John of Jerusalem, Knights Hospitaller of Malta	11/08
The Budd Memorial Lecture, Kirksville College of Osteopathic Medicine <i>“The Importance of Integrative Medicine for the 21st Century”</i>	04/04
Member, International Women’s Forum (invitation only)	4/99 to 5/20

BUSINESS EXPERIENCE

Certificate in Strategic Planning for Customer Value, San Diego University	3/09
Cleveland Leadership Institute	01/10 to 04/10
Tenpenny Enterprises, CEO	02/10 to present
OsteoMed – President, owner, Findlay, Ohio	02/94 to 11/95
Tenpenny Integrative Medical Center (<i>formerly OsteoMed II</i>) – President, owner WBENC certified by the Woman’s Business Enterprise Council	03/96 to present 2004 to 2007
NMA Media Press, LLC, an education company, President/Owner	02/01 to 2/17
CRSP Enterprises (<i>inventory control and point-of-sale software for physicians</i>)	5/98 to 12/99
Chooandi, LLC podcasting company. Virtual employees in multiple time zones	2/15 to present
Requeza LLC – online educational company	2/17 to present

MEDICOLEGAL EXPERIENCE

Medical Expert Witness for Federal Court of Claims	03/08 to present
Consultant to several law firms on vaccine injury cases	

CONSULTING EXPERIENCE:

- Parker Hannifin, Cleveland, OH 01/12 to 12/14
 - Fortune 250 Company with 60,000 employees in 48 countries
 - Responsibilities:
 - Develop strategy to recruit integrative practitioners to service 210 locations nationwide
 - Review, vet and establish contracts with Integrative Oncologists in the US and abroad
 - Develop cancer coaching program to offer employee the best options for cancer care
 - Structure and coordinate integrative medicine programs at 10 locations to collect ROI data on efficacy and plant cost savings
 - Design format for appropriate CAM service reimbursement of only quality supplements and evidence-based therapies

- Sanoviv Medical Institute, Rosarito Mexico 9/08 to 4/09
 - Business Development Director
 - Responsible for 25 departments, 156 employees and \$12.6M annual budget
 - Developed and implemented organizational chart and business plan
 - Developed Change Leadership Teams for implementation of new processes
 - Developed Employee Reward Program for all departments
 - Arranged for acceptance as member of the Medical Tourism Association
 - Oversaw right-sizing of 19 employees with severance packages
 - Medical director and education coordinator for medical staff of doctors, psychologists, dentists, nutritionists, chiropractors
 - Responsible for design and implementation of seven new medical programs
 - Negotiated purchase of \$150,000 of new equipment

- Thorp Institute, Encinitas, CA 4/09 to 1/12
- MediGlobe Inc, St. Louis, MO and India 3/09 to 8/10

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EDUCATION

Michigan Osteopathic Medical Center, Rotating Internship 1985
Kirksville College of Osteopathic Medicine, Doctor of Osteopathy, *cum laude* 1984
University of Toledo, Bachelor of Arts, Alpha Epsilon Delta, *cum laude* 1980

BOARD CERTIFICATION

Holistic and Integrative Medicine (ABHIM), 2012 to present
Osteopathic Neuromusculoskeletal Medicine (AOBNMM), 1995 to present
Emergency Medicine (AOBEM) 1995 to 2006

MEDICAL EXPERIENCE

Emergency Medicine

Blanchard Valley Regional Health Center, Findlay, Ohio	1986-1998
Director of Emergency Medicine Department	1987-1996
Chief of Family Practice/Emergency Medicine	1988-1990
Founded Valley-Plus Emergency Medical Group, Inc.	1990
President of Valley-Plus Emergency Medical Group, Inc.	1990-1997
Hospital Executive Committee Member	1988-1994

Integrative Medicine

OsteoMed, limited to osteopathic manipulative medicine and acupuncture, Findlay, Ohio	2/94 to 11/95
Tenpenny Integrative Medical Center (<i>formerly OsteoMed II</i>)	3/96 to present
□ Combining MD, DO, DC, and LAc, - emphasis chronic conditions, allergies and women's health	
Tenpenny Health Restoration Centers, Cleveland, OH and Ventura, CA	2/22 to present

PROFESSIONAL MEMBERSHIPS (past and current)

American College of Healthcare Executives (ACHE)
American College of Physician Executives (ACPE)
Cambridge Who's Who Among Professional Women
Association of Health Care Journalists (AHCJ)
American Osteopathic Association (AOA)
American Academy of Osteopathy (AAO)
The Osteopathic Cranial Academy
American Academy of Pediatric Osteopathy (AAPO)

PROFESSIONAL MEDICAL AFFILIATIONS (past and current)

American College for the Advancement of Medicine (ACAM)
American Academy of Environmental Medicine (AAEM)
American Academy of Anti-Aging Medicine (A4M)
American Association of Physicians and Surgeons (AAPS)